

## Readings for next weekend — The Most Holy Trinity

**First reading:** Proverbs 8:22-31; **Second reading:** Romans 5:1-5; **Gospel:** John 16:12-15

### Reintroduction of Holy Communion under both kinds

Beginning on the weekend of June 21/22 (Corpus Christi) we will be reintroducing Holy Communion under both kinds (under form of bread and wine) at some of the weekend Masses. Let us then review what the Church teaches on this matter. We begin at #281 from the General Instruction on the Roman Missal: Holy Communion has a fuller sign when it takes place under both kinds. For in this form the sign of the Eucharistic Banquet is more clearly evident and clearer expression is given to the divine will by which the new and eternal Covenant is ratified in the Blood of the Lord, as also the connection between the Eucharistic banquet and the eternal banquet in the Kingdom of the Father.

#282 reminds us that Catholic faith teaches that Christ, whole and entire, and the true Sacrament, is received even under only one species (bread only), and hence those who receive under only one form are not deprived of any grace necessary for salvation.

There is no celebration more significant to the life of the Church than the Sunday celebration of the Eucharist. It is at the Sunday Eucharist that the Church is most evident as a sign of the presence of Christ in the world. At the Sunday Eucharist the faithful of God gather to express their faith and are strengthened as the body of Christ.

Consequently in 1986, the Australian Catholic Bishops Conference granted permission for communion under both kinds at Masses on Sundays and Feast-days if, in the judgement of the Bishop, communion can be given in an orderly and reverent way. (Rescript of the Holy See 7/86 of 13th January, 1986).

During the early centuries, everybody received under both kinds: this was the way Christ instituted the Eucharist. But for various unfortunate reasons, during the middle ages the practice spread of lay people not receiving the cup (In the eastern church they have always received under both kinds). When we take the cup, we take up the cross. "Can you drink the cup that I am going to drink?" Jesus asked James and John. It is also the cup of thanksgiving: "The cup of salvation I will raise as I call on God's name" (Ps 116). Drinking from a common cup signifies our life together in Christ and our commitment to one another. The common cup makes us one family.

### Parish & Diocesan News continued

#### Parish Registration

If you are a new parishioner, we ask you to complete a registration form. If you have not yet filled out a registration form, please do so as soon as possible and return it to the Church or parish office. Forms are available at the entrance of the Church.

#### How to Support Our Parish Family Financially

If you would like to become an envelope subscriber please contact the parish office. We would also invite you to consider your level of giving. For people wishing to contribute by direct debit – forms are available from the parish office. You can also setup your own internet banking recurring payments to the following account:

**BSB: 067 950 Account Number: 00000495**

**Account Name: Plumpton Catholic Parish Church**

- Tap & go machines are available for people to use. These are in the Church.
- Those who wish to donate to the Capuchin Friars (Priests), please make the recurring payments to the following account:

**BSB: 062-410 Account Number: 10136478**

**Account name: Capuchin Franciscan Friars**



Phone: 02 9832 4461

After hours emergency #: 0493 969 440

Email: parishof@goodshepherd.org.au



The Good Shepherd Parish Plumpton

Or visit our website:

[www.goodshepherd.org.au](http://www.goodshepherd.org.au)

## THE PARISH OF THE GOOD SHEPHERD

130-136 Hyatts Road, Plumpton NSW 2761  
*Celebrating Our 36th Anniversary*

#### Parish Vision:

*a place where all people are welcomed...  
a place where the gifts of the Holy Spirit are put to use...  
a place where people are empowered to live the good news of Jesus.*

#### Weddings

*Please call the Parish office for appointment.  
Arrangements should be made at least 12 months in advance.*

#### Holy Communion for the Sick

*Please call the parish office for date and time.*

#### Anointing of the Sick

*Please call the parish office to book a time and date.*

#### Baptisms

*Parents and Godparents (2) must attend a Pre-Baptism Seminar prior to scheduling the Baptism. The seminar is offered once a month on the 4th Sunday in the Parish meeting room.*

*Please collect registration form from the Parish office.  
Baptism dates will be booked after attending the seminar.*

#### PENTECOST (Year C)

##### 1st Reading:

*Acts 2:1-11*

##### Gospel Reading:

*John 14:15-16, 23-26*

##### Prayer to the Holy Spirit:

*Come, Holy Spirit, fill the hearts of your faithful  
and enkindle in them the fire of your love.  
Send forth your Spirit and they shall be created.  
And you will renew the face of the earth. Amen*

##### Entrance Antiphon:

*The Spirit of the Lord has filled the whole world  
and that which contains all things  
understands what is said, alleluia.*

##### Responsorial Psalm:

*Lord send out your Spirit,  
and renew the face of the earth.*

##### GOSPEL Acclamation:

*Alleluia, alleluia!  
Come, Holy Spirit, fill the hearts of your faithful  
and kindle in them the fire of your love.  
Alleluia!*

##### Communion Antiphon:

*They were all filled with the Holy Spirit  
and spoke of the marvels of God, alleluia.*

**08 June 2025**

***Romans 8:8-17***

#### Acknowledgement

We show our respect and acknowledge the Traditional Custodians of the Darug Country, Elders past, present and emerging, and extend that respect to all other Aboriginal and Torres Strait Islander People.

**Parish Team:**

<b>Parish Priest</b>	<b>Fr Gerard O'Dempsey OFM Cap</b>
<b>Assistant Parish Priest</b>	<b>Fr John Nguyen OFM Cap</b>
<b>Business Manager</b>	<b>Mr Owens Reyes</b>
<b>Parish Musical Director</b>	<b>Mr Jacob Wielgosz</b>
<b>Parish Council Chairperson</b>	<b>Mr Anthony Matthews</b>
<b>RCIA Co-ordinator</b>	<b>Mr &amp; Mrs Bernie &amp; Yeng Banta</b>
<b>Sacramental Co-ordinator</b>	<b>Mrs Priscilla Corpuz</b>
<b>Parish SRE Co-ordinator</b>	<b>Ms Therese Fuller</b>
<b>Finance &amp; Bingo Operator</b>	<b>Mr Romy Balite</b>
<b>Safeguarding Champion</b>	<b>Mr Joseph Fenech</b>

**Daily MASS Times**

Mon/Tue/Fri 9:00 am  
Wednesday 9:00 am & 7:30 pm  
Thursday 9:00 am & **7:00 pm (Vietnamese)**  
First Friday 7:30 pm (with Adoration)  
Saturday 8:00 am

**Weekend MASS Times**

Saturday Vigil 6:00 pm  
Sunday 7:00 am, 9:00 am & 6:00 pm  
12:00 pm **(Vietnamese)**  
**Spanish Mass** Every 2nd Saturday of each month 7:30 pm

**Reconciliation (Confession)**

**Saturday 10:30 to 11:30 am**  
Kindly ring Parish Office to book for other times during the week.

**Baptism Seminar**

The next seminar will be held on the **22nd of June 2025 at 2:00 pm** in the **Parish Church**. Please bring a copy of your child's **birth certificate**.

**Parish Based Youth Group – Antioch**

Young people are empowered & nourished in their spiritual Journey and leadership. We have a youth group meeting every Sunday at 7:30 pm. We invite the youth for “Come and See” experience.

“Without the Spirit, our Christian life unravels, lacking the love that brings everything together. Without the Spirit, Jesus remains a personage from the past; with the Spirit, he is a person alive in our own time. Without the Spirit, Scripture is a dead letter; with the Spirit it is a word of life.”

— Pope Francis

**Please remember those for whom prayers have been requested**

**Death Anniversaries / In Memoriam:** Giuse, Chester Aclado, Ignatius Almeida, Melvin Corpuz, Calixto Elano, Ronald Fabian, Cornelio & Virginia Ferrer, Ann & Patrick Gaffney, Silverio Ladios, George Oo, Emanuel Refalo, Leslie Sharp, Cyril & Myra Silva, Domingo & Isabel Valix and all the holy souls in purgatory

**Healing / Good Health:** Hunter, Jaz, Juvy, Mark, Michael, Mikka and Isabelle Brillantes

**Anniversary / Birthday / Thanksgiving:** Oliva Burney, Van Hoang, Miki Icaro and Lala Ronquillo

**We also remember in our prayers our housebound brothers & sisters**

Belenor & Julian AGUILAR, John ANGEL, Mafalda ARACO, Raylina AURE, Christine BAPTISTE, Doris & John BARRETT, Philomena BENT, Joseph BUTTIGIEG, Jacqueline CAMERON, Conception CAPIENDO, Frances CARUANA, George CASSAR, Gwen & Robert CHAMBERS, Rita CLEARY, Sr Gail COLQUHOUN, Clare DONOHOE, Paul DWYER, Wayne & Audrey FERNANDEZ, Jean-Marie & Marie-Claude FREDERIC, Fololetina FRETTON, Louise GRECH, Eden & Ninoy JUCO, John KNIGHT, Maureen KNIGHT, Nabil LABBAD, Malia LAVALU, Francis LLOYD GOULD, Afioae MAIAVA, Donald MCKECHNIE, Kathleen MORRISSEY, Deidre MURRAY, Mary MUSCAT, Elsie NONEY, Pamela PEARSON, Marie PURCELL, Melecia REA, Gloria ROBERTS, Mary SIMMONS, Marian STEWART, Vivienne STEWART, Anthony & Natalina TEUMA, Mary THEVATHASAN, Raymond TOGHILL, Margaret TSENG, John VAIFALE, Sesilia VAVE, Augustina VELLA, Margaret VELLA, Aida WALCOTT, Russell & Mary WICKRAMASINGHE and Joan WREN.

**JUBILEE YEAR PRAYER**

Father in heaven,  
may the *faith* you have given us  
in your son, Jesus Christ, our brother,  
and the flame of *charity* enkindled  
in our hearts by the Holy Spirit,  
reawaken in us the blessed *hope*  
for the coming of your Kingdom.

May your grace transform us  
into tireless cultivators of the seeds of the  
Gospel.

May those seeds transform from within  
both humanity and the whole cosmos  
in the sure expectation  
of a new heaven and a new earth,  
when, with the powers of Evil vanquished,  
your glory will shine eternally.

May the grace of the Jubilee  
reawaken in us, *Pilgrims of Hope*,  
a yearning for the treasures of heaven.  
May that same grace spread  
the joy and peace of our Redeemer  
throughout the earth.

To you our God, eternally blessed,  
be glory and praise for ever.

Amen

**Parish & Diocesan News**

**Thank You from the Sisters of the Holy Family of Nazareth**

A heartfelt thank you to the Capuchin Friars and all parishioners who joined us in celebrating the special evening marking the 150th Jubilee of the establishment of the Sisters of the Holy Family of Nazareth. From the beautiful liturgy in the Church and the amazing music by the choir and orchestra, to the warm conversations over a cuppa while exploring the history exhibition, we were deeply touched and grateful for your presence and ongoing support.

**Fr Gerard's Annual Home Visit**

Fr. Gerard will be away on his annual home visit (to God's own country!) June 8th to July 1st. Then he will be in hospital from July 4th to 9th.

**Coming soon to our Parish: Alpha (beginning July 24th)**

Alpha is a space for open conversations about life's big questions—What's the meaning of life? What happens next? Is God even good for the world? Alpha is an environment for anyone and everyone who wants to explore life and the Christian faith, ask questions, and share their point of view. Alpha is free and everyone is welcome.

Over 101,000 people participated in Alpha in 2024 - the highest annual participation on record! A total of 5,072 Alphas were run via 2,858 churches and organisations across Australia. This represents not just numbers, but thousands of individual stories of curiosity, courage, and transformation. This was the biggest year in Alpha Australia's history and we thank God for all He is doing in this nation!

**Thank You for Supporting our Holy Spirit Seminarists**

Bishop Vincent and our Holy Spirit Seminary, thank you for your generous support in the formation of our future priests. Our parish of the Good Shepherd raised over \$1,140, which will support our seminarists to deepen their relationship with God and commit more fully to their spiritual calling, so they may serve our faith community. If you haven't had a chance to donate, please scan this QR code or visit [parracatholic.org/appeal-thankyou](https://parracatholic.org/appeal-thankyou). Thank you.



**Registrations now open Diocesan Retreat Opportunities**

The diocese is hosting three retreat opportunities for adults of all ages to engage more with this Jubilee Year of Hope. Take the time to from your usual routine to experience a diocesan retreat - a sacred space for prayer, reflection, renewal and encounter with God. Registrations are now open. For more details and to register, see the two options of retreats below:

August 16: <https://parracatholic.org/events/diocesan-retreat-16-august/>

November 15: <https://parracatholic.org/events/diocesan-retreat-15-november/>